

## Volunteer Role Description

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<b>Role Title:</b>	<b>Spring 10k and 5k – Event Support Volunteer</b>
<b>Department:</b>	<b>Income Generation</b>
<b>Reporting to:</b>	<b>Events Fundraising Manager</b>
<b>Location:</b>	<b>National Botanic Garden of Wales, Carmarthen – 28<sup>th</sup> April 2019</b>

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### Why am I needed?

This spring, our Tenovus Cancer Care 10k and 5k is returning to the National Botanic Garden of Wales, and we'd love you to join us! Running not your thing? You can still get involved! And, if you volunteer with us at the event, and you'll gain free entry into the gardens once all our runners have safely completed this challenging course!

We need enthusiastic volunteers to help marshal the route, cheering on and encouraging our fantastic Team Tenovus Cancer Care runners around the course, helping to keep them safe and motivated. We're also looking for support to run the registration desk and there's also an opportunity for budding photographers to come along and help us to capture the great atmosphere on the day.

By helping us at this event, you'll be supporting inspiring people like Kev. Kev took up running as part of his recovery from cancer and has raised an amazing amount of money through running events. Kev said "Supporting Tenovus Cancer Care has enriched my life and given me so much – new friends, better fitness and amazing opportunities and experiences."

If you're able to support us at this event, we'd love to hear from you.

### What will I be doing?

#### **Event Support Volunteers x15**

- Cheering race participants on as they tackle the 2.5k, 5k or 10k course
- Marshalling the route, pointing runners in the right direction around the course and handing out water
- Supporting with event registration
- Other event support as directed by the Events Fundraising Manager.

#### **Event Photographers x 2**

- Helping us capture the atmosphere of the event
- Taking photographs of our race participants before, during and after the race.

### What skills and qualities do I need?

- A fun, friendly and outgoing personality
- Confidence and good communication skills
- An enthusiasm for the work of Tenovus Cancer Care
- Photographers will be required to bring their own camera equipment
- Waving, cheering and general bouncing around will be encouraged, but is optional!

### What benefits can I expect?

- You'll be given free entrance to the National Botanic Garden of Wales following the event
- You'll be given a Tenovus Cancer Care t-shirt to wear on the day and a warm outdoor jacket to protect you from the elements
- We'll reimburse reasonable travel expenses in line with organisational policy
- The satisfaction of knowing you're making a vital difference to the work of Tenovus Cancer Care - especially the people who access our services
- The opportunity to volunteer at a fun, challenging event, meeting lots of new people and being part of #teamtenovus!

### How much time do I need to commit?

We appreciate any time you can give, but ideally...

**Registration Volunteers** will arrive at 8am and be able to stay until 1pm.

**Marshals** will arrive at 9am and be able to stay until 1pm.

**Event Photographers** will arrive at 9.30am and be able to stay until 1pm.

Please note on your application how much time you can give.

### What support and training will I be given?

- You'll be provided with an event brief before the day
- On the day you'll be supported by the events team and will be joined by other volunteers.

### Where will I be based?

- You'll be with the Tenovus Cancer Care events team, meeting at the reception area of the National Botanic Garden of Wales and located at various points across the race route
- Our Spring 10k and 5k takes place on **Sunday 28<sup>th</sup> April 2019**, between 11am and 1pm.

### How do I apply?

Please follow this link to [apply online](#) via our website. Alternatively, please contact our Volunteer Development Team for more information on **029 2076 8850** or by email [volunteer@tenovuscancercare.org.uk](mailto:volunteer@tenovuscancercare.org.uk).