

HELPING YOU SPEAK OUT

At Tenovus Cancer Care we want to ensure that everyone affected by cancer gets the best treatment and care possible.

We want to make sure people affected by cancer are supported and empowered to express their views, and stand up for their rights, in relation to the care and support they receive.

And if things don't go quite as planned, that people can follow a clear pathway for advocacy support.

For more information about advocacy, and all our support services, call us or visit our website.

Call our free Support Line

0808 808 1010

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tenovuscancercare.org.uk/support

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WHAT IS ADVOCACY?

- **Advocacy** simply means getting support from another person to help get your voice heard, to express your views and wishes.
- An **advocate** is someone who helps provide this support on behalf of another person.

HOW WE CAN HELP

- **Self-advocacy** – where appropriate we encourage people to speak up about their own views and wishes and stand up for their rights.

We have tools and resources available to empower people to make informed decisions.

- **Independent Advocacy** – people can sometimes face difficulties in understanding or expressing their own needs and may need an independent voice to speak up on their behalf.

We signpost and refer to other providers where appropriate.

- **Statutory Advocacy** – where there is a legal entitlement for a person to have an advocate.

We are working in partnership with Llais for providing support with Health and Social Care complaints, and can refer to other statutory agencies for a variety of specific issues.

For more support and to access our resources scan the QR code, visit our website

tenovuscancercare.org.uk/advocacy

or email

advocacy@tenovuscancercare.org.uk

Give hope. Help cope.

Registered Charity No. 1054015

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