

Telephone Befriender

Why am I needed?

As a result of the COVID-19 preventative measures, and as people are self-isolating, loneliness is on the rise, especially among some of the most vulnerable members of our communities. We are looking for volunteers who can help break breakdown some of these barriers to loneliness and isolation by making a phone call to someone with cancer that really needs it.

What will I be doing?

A 20 minute phone call can make a huge difference to someone's' day and greatly reduce the impact of isolation and social distancing. As a telephone befriender, we will put you in touch with an isolated person. This may be one of our supporters, a service user or another volunteer; someone looking for a friendly chat

What skills or qualities do I need?

This role can be carried out from your own home and you can use your own telephone. You can give as much or as little time as you like and we can agree on a routine with your tele-friend. This service is a lifeline to those who rely on it, so we ask is that, if you are unable to commit to your agreed time, you let the Tenovus Cancer Care volunteering team know as soon as possible.

Patience, understanding, compassion and a great telephone manner are important for you to be able to make a huge difference in this role, but the Tenovus Cancer Care volunteering team will always be a phone call or email away and happy to support you.

How do I apply?

Please follow this link to [apply online](#). Alternatively, please contact our Volunteer Development Team on **029 2076 8331** or e-mail volunteer@tenovuscancercare.org.uk for more information.

Please note that you must be over the age of 18 to volunteer for this service.

Make a difference to someone's life today by becoming a telephone befriender with Tenovus Cancer Care.