

Make your own sun safe poster

We all love the sun... but we also want everyone to know how to be SUN SAFE! So here's all you will need to make your very own sun safe poster!

For this activity you will need:

- to print out page 2 and 3
- some colouring pens or pencils
- a pair of scissors
- some glue or sticky tape

First of all, colour in your very own poster on page 3. Use any colours you want!

Draw the pictures in the circles on page 2.

Carefully cut out around the shapes.

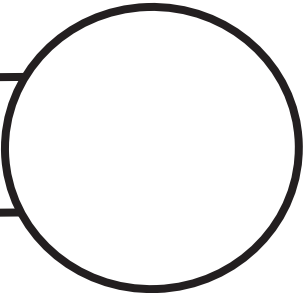
Stick them on to your poster!

Be as creative as you can! But just to show you what it could look like, here's one of ours



Want to find out more?
tenovuscancercare.org.uk

1. Slip on a t-shirt



Draw a t-shirt

2. Slop on sun cream



Draw a bottle of suncream

3. Slap on a wide brimmed hat



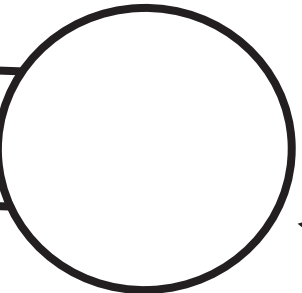
Draw a hat

4. Slide on sunglasses



Draw some sunglasses

5. Seek shade



Draw a tree

Sun safe poster

See instructions on how to create your own sun safety poster on page 1!

We'd love to see pictures of your posters. Share them with us on social media.

@tenovuscancer @TCCresearchteam #HereComesTheSun

Here
comes the sun

5 steps to be
sun safe

Want to find out more?
tenovuscancercare.org.uk

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