our Privacy Policy.

Campaigning and awareness

What would you like to hear about?

By email (this is the most cost-effective way for us to keep in touch)

pniwollof the following

Tenovus Cancer Care promise to always keep your details safe and will never sell or share them. If you no longer want to hear from us, just email us at preferences@tenovuscancercare.org.uk or give us a call on 029 2076 8850. For more details visit our website for

Shopping to help raise funds

Research news and opportunities

By post

Volunteering 

✓

○ By text

Would you also like to receive our quarterly email newsletter about our services, research, activities and the impact of our work?

Pundraising and donating

Support and wellbeing

	tick all that apply.	fow would you like to hear from us? Please
vill make a difference.		hank you for caring about people affected by cancer. We'd love lease complete the form below or visit our website tenovuscan
		isu nio
·····- <del>-</del>		'lease return your money to: Tenovus Canc 29 2076 8863. Please make cheques payable to:
snoitsnob biA thiD lstoT		Jism3
Event ID:	Postcode	
Income code:	embring ambring and a second an	First name
BE ref:		
	g ajj kont sponsorship money	lease fill this in when you have collected
For office use only	low to get your money to us	
Do something special t	oday	How your money helps
Sponsor	£15 covers the cost of making or receiving a call to our free Support Line, so anyone frightened or worried about cancer can speak to our experienced	
lelp us support cance	r patients and their	nurses.
oved ones in your com	£45 means one person with cancer can have their chemotherapy on board our	
Name		Mobile Support Units rather than having to go to hospital. We bring treatment
		closer to home so patients have less miles to travel and more time with the people
_		they love.
		<b>£115</b> pays for one day of vital <b>cancer research</b> by a PhD student in Wales, helping
I'm fundraising because		them to find new ways to
		prevent it, diagnose it, and treat it.
1 1		
a little about Tenovus C		
e bring practical advice, emotional supp	one who has, Tenovus Cancer Care can help. ort and treatment to where it matters most;	
ne heart of your community.		

Give hope. Help cope. tenovuscancercare.org.uk

We help people affected by cancer cope, and through our vital research, we offer hope.



## Sponsor me

## Free money from the Taxman!



As long as you're happy with the statement below, please tick the Gift Aid box and allow us to claim an extra 25p for every £1 you donate.

By ticking the Gift Aid box you are agreeing to the following statement:

"I want to Gift Aid all donations to Tenovus Cancer Care today, in the past four years, and in the future.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference."

First name	Surname	House	Address	Postcode	Amount	Date Paid	giftaid it
		number or name			donated		I want to Gift Aid my donation to Tenovus Cancer Care*
Anne	Sample	123	Sample Street, Sample Town	XE12 3WF	£10	24/09/18	<b>/</b>
Anne	Sample	123	Sample Street, Sample Town	XE12 3WF	£10	24/09/18	<b>✓</b>

\*Gift Aid: I want to Gift Aid all donations to Tenovus Cancer Care today, in the past four years, and in the future. Please notify the charity if you: Want to cancel this declaration, change your name or home address, no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

We promise to always keep your details safe and will never sell or share them. Sponsors details are kept for administration purposes and to claim Gift Aid where applicable. To opt-in to receiving communications from us or to view our Privacy Policy please visit our website, tenovuscancercare.org.uk.



